

# COMPONENTS OF BLOOD

1. What is **centrifugation**?
2. What does centrifugation do to your blood?
3. Once your blood is separated, how much of it is plasma?
4. Of that plasma, what percentage is:
  - a. Water?
  - b. Protein? And what are the specific proteins?
  - c. Hormones, Na, and nutrients?
5. What percentage of blood is WBC/platelets?
6. What percentage of blood is RBC?
7. What is contained in serum?
8. In your own words, what is the definition of **hematocrit**?
9. What is **polycythemia**?
10. What is **anemia**?